

TJ's Sandwich Bar



Orderline - Tel - 01752 - 663865 - Fax 01752 663865

Sandwiches

Choice of white or granary bread
All served with salad

Qty. **To make your choices please add quantity required in the box next to your choice, otherwise leave the box blank.** **Price**

| | | |
|--------------------------|------------------------------|-------|
| <input type="checkbox"/> | Egg Mayo | £2.50 |
| <input type="checkbox"/> | Egg Mayo + Bacon | £2.70 |
| <input type="checkbox"/> | BLT | £2.90 |
| <input type="checkbox"/> | Bacon + Brie | £2.90 |
| <input type="checkbox"/> | Mature Cheese | £2.50 |
| <input type="checkbox"/> | Cheese and Spring Onion | £2.70 |
| <input type="checkbox"/> | Brie Grape + Cranberry | £2.80 |
| <input type="checkbox"/> | Stilton + Apple | £2.80 |
| <input type="checkbox"/> | Tuna Mayo | £2.60 |
| <input type="checkbox"/> | Prawn Marie Rose | £2.90 |
| <input type="checkbox"/> | Prawn + Avocado | £3.10 |
| <input type="checkbox"/> | Smoked Salmon + Cream cheese | £2.90 |
| <input type="checkbox"/> | Roast Ham | £2.60 |
| <input type="checkbox"/> | Ham Cheese + pineapple | £2.80 |
| <input type="checkbox"/> | Roast Chicken | £2.60 |
| <input type="checkbox"/> | Coronation Chicken | £2.90 |
| <input type="checkbox"/> | Chicken Tikka | £2.90 |
| <input type="checkbox"/> | Chicken Caesar | £2.90 |
| <input type="checkbox"/> | Chicken + Bacon Mayo | £2.90 |
| <input type="checkbox"/> | Chicken + Mayo | £2.90 |
| <input type="checkbox"/> | Roast Turkey | £2.60 |
| <input type="checkbox"/> | Turkey Stuffing + Cranberry | £2.80 |
| <input type="checkbox"/> | Roast Beef | £2.60 |
| <input type="checkbox"/> | Beef + Horseradish | £2.75 |
| <input type="checkbox"/> | Humous + Mixed Olives | £2.50 |

Baguettes

Choice of white or granary bread

All served with salad

| | | |
|--------------------------|------------------------------|-------|
| <input type="checkbox"/> | Egg Mayo | £2.80 |
| <input type="checkbox"/> | Egg Mayo + Bacon | £3.00 |
| <input type="checkbox"/> | BLT | £3.20 |
| <input type="checkbox"/> | Bacon + Brie | £3.20 |
| <input type="checkbox"/> | Mature Cheese | £2.80 |
| <input type="checkbox"/> | Cheese and Spring Onion | £3.00 |
| <input type="checkbox"/> | Brie Grape + Cranberry | £3.10 |
| <input type="checkbox"/> | Stilton + Apple | £3.10 |
| <input type="checkbox"/> | Tuna Mayo | £2.90 |
| <input type="checkbox"/> | Prawn Marie Rose | £3.20 |
| <input type="checkbox"/> | Prawn + Avocado | £3.40 |
| <input type="checkbox"/> | Smoked Salmon + Cream cheese | £3.20 |
| <input type="checkbox"/> | Roast Ham | £2.90 |
| <input type="checkbox"/> | Ham Cheese + pineapple | £3.10 |
| <input type="checkbox"/> | Roast Chicken | £2.90 |
| <input type="checkbox"/> | Coronation Chicken | £3.20 |
| <input type="checkbox"/> | Chicken Tikka | £3.20 |
| <input type="checkbox"/> | Chicken Caesar | £3.20 |
| <input type="checkbox"/> | Chicken + Bacon Mayo | £3.20 |
| <input type="checkbox"/> | Chicken + Mayo | £3.20 |
| <input type="checkbox"/> | Roast Turkey | £2.90 |
| <input type="checkbox"/> | Turkey Stuffing + Cranberry | £3.10 |
| <input type="checkbox"/> | Roast Beef | £2.90 |
| <input type="checkbox"/> | Beef + Horseradish | £3.05 |
| <input type="checkbox"/> | Humous + Mixed Olives | £2.80 |

Wraps

All served with salad

| | | |
|--------------------------|-----------------------------|-------|
| <input type="checkbox"/> | Egg Mayo Wrap | £3.00 |
| <input type="checkbox"/> | Egg Mayo + Bacon Wrap | £3.20 |
| <input type="checkbox"/> | BLT Wrap | £3.30 |
| <input type="checkbox"/> | Bacon + Brie Wrap | £3.30 |
| <input type="checkbox"/> | Mature Cheese Wrap | £3.00 |
| <input type="checkbox"/> | Cheese + Spring Onion Wrap | £2.80 |
| <input type="checkbox"/> | Brie Grape + Cranberry Wrap | £3.20 |
| <input type="checkbox"/> | Stilton + Apple Wrap | £3.20 |



| | | |
|--------------------------|-----------------------------------|-------|
| <input type="checkbox"/> | Tuna Mayo Wrap | £2.80 |
| <input type="checkbox"/> | Prawn Marie Rose Wrap | £3.30 |
| <input type="checkbox"/> | Prawn + Avocado Wrap | £3.45 |
| <input type="checkbox"/> | Smoked Salmon + Cream cheese Wrap | £3.20 |
| <input type="checkbox"/> | Roast Ham Wrap | £3.00 |
| <input type="checkbox"/> | Ham Cheese + pineapple Wrap | £3.20 |
| <input type="checkbox"/> | Roast Chicken Wrap | £3.00 |
| <input type="checkbox"/> | Coronation Chicken Wrap | £3.20 |
| <input type="checkbox"/> | Chicken Tikka Wrap | £3.20 |
| <input type="checkbox"/> | Chicken Caesar Wrap | £3.20 |
| <input type="checkbox"/> | Chicken + Bacon Mayo Wrap | £3.20 |
| <input type="checkbox"/> | Chicken + Mayo Wrap | £3.20 |
| <input type="checkbox"/> | Roast Turkey Wrap | £3.00 |
| <input type="checkbox"/> | Turkey Stuffing + Cranberry Wrap | £3.30 |
| <input type="checkbox"/> | Roast Beef Wrap | £3.00 |
| <input type="checkbox"/> | Beef + Horseradish Wrap | £3.05 |
| <input type="checkbox"/> | Humous + Mixed Olives Wrap | £3.00 |

Jacket Potatoes

All served with salad + homemade coleslaw

Cold fillings

| | | |
|--------------------------|---|-------|
| <input type="checkbox"/> | Prawns filled jacket potato | £3.30 |
| <input type="checkbox"/> | Chicken Tikka filled jacket potato | £3.10 |
| <input type="checkbox"/> | Coronation Chicken filled jacket potato | £3.10 |
| <input type="checkbox"/> | Tuna Mayo filled jacket potato | £2.90 |
| <input type="checkbox"/> | Egg Mayo filled jacket potato | £2.80 |

Hot fillings

| | | |
|--------------------------|--------------------------------------|-------|
| <input type="checkbox"/> | Homemade Chilli filled jacket potato | £3.30 |
| <input type="checkbox"/> | Beans filled jacket potato | £2.80 |
| <input type="checkbox"/> | Sausage + beans filled jacket potato | £3.10 |
| <input type="checkbox"/> | Bacon + Cheese filled jacket potato | £3.10 |
| <input type="checkbox"/> | Cheese filled jacket potato | £2.80 |

Paninis (The Posh Toastie)

| | | |
|--------------------------|--------------------------------|-------|
| <input type="checkbox"/> | Ham + Cheese Paninis | £3.00 |
| <input type="checkbox"/> | Cheese Tom + Onion Paninis | £2.80 |
| <input type="checkbox"/> | Chicken Tikka Paninis | £3.00 |
| <input type="checkbox"/> | Tuna + Red Onion Melt Paninis | £3.00 |
| <input type="checkbox"/> | Bacon + Stilton Paninis | £3.10 |
| <input type="checkbox"/> | Salami + Smoked Cheese Paninis | £3.10 |

| | | |
|--------------------------|------------------------------------|-------|
| <input type="checkbox"/> | Sun Dried Tomatoes + Pesto Paninis | £2.90 |
|--------------------------|------------------------------------|-------|

Salad Bowls any five

Selection of: Lettuce, Cucumber, Tomatoes, Sweet Corn, Carrots, Onion, Potato Salad, Homemade Coleslaw, Pasta, Cous Cous, Beetroot, Olives, Pineapple.

(add any choice of topping for 65p extra, will confirm by telephone)

Toppings:- chicken mayo, chicken bacon mayo, coronation chicken, chicken tikka, chicken caeser, roast chicken /turkey/ham/beef, prawn marie rose, tuna mayo, egg mayo, mature cheese, cottage cheese, humouse

| | | |
|--------------------------|------------------|-------|
| <input type="checkbox"/> | Salad Bowl | £2.40 |
| <input type="checkbox"/> | Salad Bowl Large | £3.20 |

Breakfast Bar

Breakfast in a Box

2 sausages, 2 bacon, egg, 1/2 tomato, beans & toast

| | | |
|--------------------------|------------------------|-------|
| <input type="checkbox"/> | Breakfast in a Box | £3.95 |
| <input type="checkbox"/> | Sausage bap | £1.90 |
| <input type="checkbox"/> | Sausage + egg bap | £2.20 |
| <input type="checkbox"/> | Bacon bap | £1.90 |
| <input type="checkbox"/> | Bacon + egg bap | £2.20 |
| <input type="checkbox"/> | Sausage bacon +egg bap | £2.50 |
| <input type="checkbox"/> | Double egg bap | £1.90 |

Various foods, cakes and drinks

Cakes

| | | |
|--------------------------|-------------|-------|
| <input type="checkbox"/> | Carrot Cake | £1.30 |
| <input type="checkbox"/> | Doughnuts | £0.60 |
| <input type="checkbox"/> | Muffins | £1.00 |
| <input type="checkbox"/> | Flapjacks | £1.00 |

Drinks

| | | |
|--------------------------|-------------------|-------|
| <input type="checkbox"/> | Fanta Bottles | £1.10 |
| <input type="checkbox"/> | Coke Bottles | £1.10 |
| <input type="checkbox"/> | Sprite Bottles | £1.10 |
| <input type="checkbox"/> | Dr Pepper Bottles | £1.10 |
| <input type="checkbox"/> | Lilt Bottles | £1.10 |
| <input type="checkbox"/> | Yazoo Bottles | £1.10 |

| | | |
|--------------------------|---------------------|-------|
| <input type="checkbox"/> | Minute Maid Bottles | £1.20 |
| <input type="checkbox"/> | Ribena Bottles | £1.40 |
| <input type="checkbox"/> | Orange Juice | £0.80 |
| <input type="checkbox"/> | Lucozade Bottles | £1.40 |
| <input type="checkbox"/> | Oasis Bottles | £1.40 |
| <input type="checkbox"/> | Plain Water | £0.70 |
| <input type="checkbox"/> | Fanta Cans | £0.80 |
| <input type="checkbox"/> | Dr Pepper Cans | £0.80 |
| <input type="checkbox"/> | Coke Cans | £0.80 |
| <input type="checkbox"/> | Vimto Cans | £0.80 |
| <input type="checkbox"/> | Sprite Cans | £0.80 |
| <input type="checkbox"/> | Tango Cans | £0.80 |

Crisps and Sweets

| | | |
|--------------------------|----------------|-------|
| <input type="checkbox"/> | Smarties | £0.55 |
| <input type="checkbox"/> | Twix | £0.55 |
| <input type="checkbox"/> | Sneakers | £0.55 |
| <input type="checkbox"/> | Mars Bar | £0.55 |
| <input type="checkbox"/> | Kit Kat | £0.55 |
| <input type="checkbox"/> | Walkers Crisps | £0.55 |
| <input type="checkbox"/> | Doritos | £0.65 |
| <input type="checkbox"/> | Maltesers | £0.55 |
| <input type="checkbox"/> | Buenos | £0.65 |
| <input type="checkbox"/> | Snack Jacks | £0.65 |
| <input type="checkbox"/> | Square Crisps | £0.55 |

[Download Menu](#) (Right click save target as or left click to open)

Eat in, Take Away or Delivery.

Cash on Delivery

Free Deliveries (Min Order £10)

All orders taken before 10.30am we shall endeavor to deliver by 12.30pm same day.

NHS and Student Discounts (10% with NHS or NUS Cards)

Opening Hours

Monday - Friday 8.30 - 4.30

Saturday 10.00am - 4.00pm

Should you require any combination or item not shown on the menu please ask and we will be happy to help.



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TJ's Sandwich Bar - 5 Beechwood Avenue - Mutley - Plymouth - T: 01752 663865